

## SYNOPSIS

We start out as adults trying to *survive*, then move to an ability to be *independent*, and gradually become *effective* at what we do. But it is essential to have a sense of *mission* and that we become effective in doing that mission. Does your life make sense to you? Are you at peace with who you are, where you are, and what you are doing? Do you have a joy that is present no matter what the circumstance?

Mission and spirituality are inseparably linked. Jesus was absolutely clear about his mission John 6:37-40 and that is just one example, the gospels tell the whole story.

*The closer we grow in our relationship to God, the clearer our sense of mission will become.*

“Mission saves us from our self-centered living and delivers us to a sustainable happiness by averting our gaze from self to others.” P178

## DISCUSSION

1. How to find your mission? On p. 194, Matthew Kelly gives several suggestions to find and focus on your mission. Review and select which ideas resonant with you most. How could you begin to live your mission in 2018?
2. Mark 10:45 states “The Son of Man did not come to be served, but to serve, and to give his life as a ransom for many.” What would you like to be doing to serve others? Evaluate how you can make it a part of your life. If you are already serving others, share how it has enhanced your life.
3. On p. 192, Kelly reminds us of the main topics of Perfectly Yourself. Read the list and share how your goals/plans to work toward a “better version of yourself” involve these lessons.

## REFLECTION

There were several key thoughts Kelly used in this chapter. Take a moment to reflect on these ideas. “Use the moments of each day to be the best version of ourselves, doing all the good things we feel inspired to do where we are right now, by investigating and developing our unique talents and deepest desires, and by listening to the voice of God in our lives.” P 180

After the list of Lessons on P. 192, Kelly states, “Over time, as you begin to apply these lessons to your life, you will learn to see the good and bad, the strong and the weak, the willing and the unwilling sides of yourself.”

Finding your mission is simple yet complicated. It is simple to spend time with God in prayer to discern what you should do, yet complicated because there is so much to be done in serving others. Ask the Lord to guide you to your individual mission.

## Other scriptures to consider

Mark 10:45 – For even the Son of Man did not come to be served, but to serve and to give his life as a ransom for many.

Philippians 2:3-4 – Do nothing from selfishness or empty conceit but with humility of mind, regard one another as more important than yourself. Do not merely look out for your own personal interests, but also for the interests of others.